

<b>Age Of Participant</b> Novice _____ Atom _____ Bantam _____ Major Bantam _____ Midget _____ Juvenile _____ Junior _____	<b>Male or Female</b> Male _____ Female _____
Name: _____ Address: _____	
Postal Code: _____ Location <small>(*May Change)</small> : _____ Parent contact: _____	
Home #: _____ Business #: _____ Allergies or Medical Conditions: _____	
Age: ____ Date of Birth (mm/dd/yy): ____/____/____ Sex: (M)/(F) E-mail Address: _____	
Ontario Health Card #: _____ Emergency Name and #: _____	
I have adequate medical coverage and insurance and give my child permission to attend the Motion Basketball Programming and we agree to indemnify Motion Basketball and all its officers, coaches and members for any claim which may hereafter be presented by our (or my) child as a result of any such injuries.	
Parent or Guardian Signature: _____ Date: _____	

### Pierre Elliot Trudeau H.S.

Major Mackenzie			
	Warden Ave	Pierre Elliot Trudeau H.S.	McLowan Hld
16th Ave		Bar Oak Dr	
		Kenedy Rd.	
Highway 7			
407			
14th Ave			
Steeles Ave			

### Unionville H.S.

### Emily Carr High School

**Registration**  
 Register Online. Tryouts are free. Sign up to book your spot in our Tryout weeks.

Motion Basketball

**Fall, Winter, and Spring**

**Toronto/Scarborough /  
Richmond  
Hill/Vaughan/Etobicoke**

**Ages 5 - 18**

\*\*\* Organized House League\*\*\*  
 \*\*\* Basketball School\*\*\*  
 \*\*\* OBA Rep Basketball Teams\*\*\*



**Fall/Winter/Spring Sessions**  
**September – May**  
**2009/2010**  
[www.motionballsports.com](http://www.motionballsports.com)

# Programming for Motion Basketball 2009-2010 Fall/Winter

## General

Motion operates year round in the GTA. All Fall/Winter programs operate weekly between October and June. REP, House League and Basketball School programs operate at many locations.

Our wide variety of programs are designed to meet the needs of all young athletes. The sport clinicians are enthusiastic, knowledgeable instructors who are dedicated to provide a positive learning experience for boys and girls within a safe, enjoyable, and inclusive environment.

Fundamental skills are taught with excellent instruction for participants at the beginner, intermediate, and advanced levels. Through drills, games, and exercises, we provide young athletes with the skills and motivation necessary to gain many rewarding basketball experiences.

## Contact Us

Telephone: 416-272-6687

E-mail: [info@motionballsports.com](mailto:info@motionballsports.com)

[www.motionballsports.com](http://www.motionballsports.com)

## Program Descriptions

### Basketball House League:

This league will operate on one hour sessions. Along with their regular weekly league games, each individual will participate in high energy, well structured clinics. Players may sign up as a team or as individuals. There will be officials provided for all games. A formal schedule will be provided at the beginning of the season. Prizes, shirts, and refreshments will be available.

### Basketball Rep Teams:

Our rep team training will be geared towards the more experienced player. Expert coaching will be given in strategies for playing both offence and defense. Our coaches will teach more refined skills and drills. The players will receive on site video analysis of their game play. Special attention will be focused on positional offensive and defensive play. Players will have a chance to utilize their new found skills during tournaments and exhibition games.

**Basketball School:** Improve your skills by enrolling in this high performance weekly clinic. This fun school will focus on basketball skill sets for children 5-13 years old. Session 1 will run October to December and Session 2 February to April. The program will run at Pope John Paul Tuesdays, Richmond Green Saturdays, and Emily Carr Mondays all programs run from 6-8 pm..

### Age Categories:

All age groups are for the 2008/2009 season

Novice	Under 10	2000 or younger
Atom	Under 11	1999 or younger
Major Atom	Under 12	1998 or younger
Bantam	Under 13	1997 or younger
Major Bantam	Under 14	1996 or younger
Midget	Under 15	1995 or younger
Major Midget	Under 16	1994 or younger
Juvenile	Under 17	1993 or younger
Junior	Under 19	1992 or younger

**Costs:** Houseleague 150.00/session

Basketball School 150.00/session

Cheques Payable to: **Motion Basketball Association**

## Information

### House League

The following are the locations participating in our House League Programming:

**Scarborough :** Pope John Paul Tuesdays 6-9 pm

**Markham :** Monday-Markham Gateway, Tuesday-Wismer, Friday-Cornell from 6-8pm

**Vaughan:** Mondays at 6-10 pm at Emily Carr.

**Richmond Hill :** Saturdays at 10 -2am at Richmond Green

More information is available on our website.

### REP Teams

There will be REP team try-out for each age group. You must call to confirm your spot in the try-outs.

### North York/Scarborough/Toronto

Pope John Paul Tues Sept 29

Novice to Bantam 6 pm Midget to Juvenile 7 pm

Norman Bethune Saturday, September 26<sup>th</sup>

Novice to Bantam 12 pm Midget to Juvenile 1 pm

### Markham/Unionville

Novice to Bantam 6-7 Maj bantam to Juvenile 7-8

Tues, Sept 22,29,	Gym 1	Boxwood
Fri, Sept, 25	Gym 2	Middlefield

### Vaughan/Mississauga/Brampton

Novice to Bantam 7-8 Maj bantam to Juvenile 8-9

Mon, Sept 21	7-9pm	Emily Carr H.S.
Mon, Sept 28	7-9pm	Emily Carr H.S.